Greenbushes-Balingup Newsletter

Published and Distributed with the kind support of Greenbushes Community Resource Centre, Talison Lithium and Greenbushes Post Office. Established 1984 as an initiative of the Greenbushes Ratepayers and Residents Association.

GREENBUSHES FESTIVAL WEEKEND



Leonie Eastcott, Mary Iacopetta and Debbie and Pat Scallan are helping celebrate winter in Greenbushes with preparations for the Greenbushes Winter Festival Weekend in August.

Every cloud has a silver lining and to make the most of those cloudy days in winter, Greenbushes is hosting a Winter Festival Weekend on August 5th, 6th and 7th.

There will be lots of activities including art workshops, memorabilia display, an old time dance, environment workshops, a free guided walk, great food and for families, Croquet in the Park and Laser Mayhem at Maranup Ford farm.

See inside this edition of the newsletter for details of all the events. There's sure to be something for everyone to enjoy. The Greenbushes Winter Festival is coordinated by GROW Greenbushes. а subcommittee of the Greenbushes Ratepayers and Residents Association Inc.

TELLING TALES IN BALINGUP



Balingup is well known for promoting a range of unique festival events and the "Telling Tales" weekend is no exception with a fun filled two-day programme designed to delight children aged three to 14 years.



The fun begins at 10:00am on Saturday, July 9th until 4:00pm and continues on Sunday from 10:00am to 2:30pm.

Children can dress up as their favourite book characters for the Street Parade which leaves from the Balingup Town Hall at 12:45 pm on Saturday.

This is a great opportunity for children to write their own stories, bind their own books, be read to by book authors and generally soak up the fun and atmosphere of an event that celebrates books and all things literature.

The cost is \$6 per child per day. People can download a registration form and register online or at the Balingup Hall from 8:30am where you can get the full programme of events.

There will also be live music at the Packing Shed during the event. For more information go to www.tellingtalesinbalingup.com.au. *Pictured is the character Geppetto with Pinocchio.*



Greenbushes Winter Festival Weekend-August 5th, 6th & 7th



Memorabilia in Anglican Church

Cnr Stanifer & Telluride Streets, Greenbushes

'Wedding Dress display'

Thu 4th Aug & Fri 5th Aug by appointment

Sat 6th Aug 9:30am to 3pm

Contact Lyn 97643569

Art Workshops

Workshops in Greenbushes Winter Festival Weekend



Watercolour Painting Workshop with Martin Cropper on Saturday August 6 from 1-4 pm at the Greenbushes Community Resource Centre. To book or for more information contact the CRC on 97643575. Cost is \$25 per person.

Basket making with Sally Stoneman on Saturday August 6 from 9:30am to 12:30pm at the Greenbushes Road Board Building on Blackwood Road. \$40 per person with needles, cottons and natural fibres supplied. \$40 per person. To book contact Tasty Edibles on 97643361 or 0407282559.

Clay Slab Building with Dale Francis from Mad Hatter Ceramics on Sunday August 7 from 10am to 1pm at the studio house opposite Tasty Edibles Cafe. \$50 per person which includes all consumables, clear glaze and firing. Maximum of 6 people for this one...need a minimum of 3. Contact Tasty Edibles 97643361 or 0407282559.

Anatomy in a Jar with Lex Randolph. Sunday August 7th from 10am - 12:00pm at the Greenbushes Road Board Building. Explore ways in which our bodies and gender inform our identity using a range of materials which will be supplied. Cost \$25 per person. Book at Tasty Edibles 97643361 or Shannon on 0407282559. See additional information in this newsletter.

'Old Time Dance' at Greenbushes District Hall

Blackwood Rd, Greenbushes
Saturday, 6th August
8pm to 11:30 pm

Cost Adults \$10, under 16yrs free Contact Tony Pratico 0409 764 401

Bring a plate to share

Maranup Ford
Sat 6th & Sun 7th August
Free games between 11am & 4pm

Non-projectile laser combat game. Players of all ages and abilities welcome. Games for under 9's to 85's

No bookings required.
Sausage sizzle and other winter warmer refreshments available.
Contact 97611200 or www.maranupford.com.au



Greenbushes Winter Festival Weekend-August 5th, 6th & 7th



Open Day at Blue Sky Retreat

Saturday, 6th August

Free entry, no bookings.

Lot 15/509 Huitson Rd, off Maranup Ford Rd, Greenbushes

View mini food forest, vegetable garden and tour the property.

Learn about worm farms, compost, weed fertilisers & compost tea.





Contact Christine 0419 929 310

lueskyretreat@westnect.com.au www.blueskyretreat.com.au



Winter Festival Weekend

Slide show- our story

Community Morning Tea



&

Crop Swap

When: Saturday 6th August
Where: in the community garden

Time: 9.30 – 12 noon

Who: everyone is welcome

Tea/coffee provided. Please bring along something to share & any spare garden produce to trade

Greenbushes Wattle Walk Sunday, 7th August

Free guided walk.
Meet at Discovery Centre
38 Blackwood Rd, 12:30pm.
Bus transport to start of walk.

Cuppa after walk for a Gold Coin donation. Contact Leonie 97825717, 0427643065

FOOD AND ENTERTAINMENT OPTIONS

ROAST DINNER AT THE EXCHANGE HOTEL ON SATURDAY NIGHT—97643509 TO BOOK.

FISH AND CHIPS AT THE GREENBUSHES ROADHOUSE ON FRIDAY NIGHT—97643530 TO ORDER.

KITCHEN OPEN AND JODIE BONI PERFORMING AT THE SHAMROCK HOTEL SAT. CALL 97643512

PIZZA NIGHT FRIDAY NIGHT AT TASTY EDIBLES. CALL 97643361 TO ORDER





WATTLE RIDGE WINERY GREENBUSHES

Wine tasting with cheese plate and a tasting of home made "mulled" wine with the opportunity to purchase a kit for making "mulled" wine at home.

Appointments preferred—97643375

Trading times are Thursday to Monday 11am to 4pm.

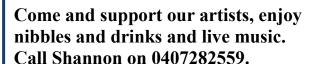




Greenbushes Winter Festival Weekend—August 5, 6 & 7

Greenbushes ART TRAIL and EXHIBITION

OPENING NIGHT
RSL HALL— Blackwood Road
FRIDAY AUGUST 5th
6pm-8pm



EXTRA ART OPPORTUNITIES

See the advert inside this edition of the newsletter for details of ART WORKSHOPS over the WINTER WEEKEND

ALSO HAPPENING IS:

- Nina from Firetail Artistry in
 - **Nannup** will have a stall and demo at the RSL Hall 10am—2pm on **SUNDAY AUGUST 7th.** The work is in recycled materials, barbed wire, bird houses, beadwork, recycled wool and fabrics.
- Caroline Haines—stall and demo at the RSL
 Hall 10am –4pm on SUNDAY AUGUST 7th.
 Handmade walking sticks, using recycled containers for
 plants and succulents and painting on recycled
 materials.

ENTER OUR GREENBUSHES ART TRAIL AWARDS

There is still time to get your entries in for the Greenbushes Art Trail and Exhibition.

Just remember the theme is "Recycling" so artworks need to illustrate the recycling theme or be made of recycled materials. Get your entries in to Shannon at Tasty Edibles by July 15th to be in the running for the prize and to have your work on display at the Greenbushes Winter Festival Weekend in August.





Ar Greenbushes

SUNDAY AUGUST 7th 9:00am—11:00am

A fun event for all ages at the Greenbushes Sports Complex

\$2 entry fee

For more information or to book a spot contact Angie at the Greenbushes Community Resource Centre on 97643575.









Do you know what MACROINVERTEBRATES are?



Do you enjoy getting out into the environment and having fun with science?

The Blackwood Basin Group is holding a workshop focusing on wetland macroinvertebrate collection and identification.

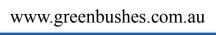
SATURDAY AUGUST 6th from 9am

Suitable for all ages.
Schwenke's Dam—Spring Gully Road
Greenbushes.
97651555



Greenbushes Winter Festival Weekend

Weekend of August 5th, 6th & 7th







FARMER—TIN WORKER STATUE COMING SOON TO GREENBUSHES



SATURDAY DANCE NIGHTS

The Greenbushes Community Dance is on again at the District Hall on Saturday July 9th from 7:30pm.

Come along and enjoy a night of fun on the dance floor – any dance styles welcome. \$15 single and \$30 family. All funds to charity. For enquiries call 97643074.

The farmer/timber worker statue will be installed in Greenbushes at the Stanifer Road highway junction in July.

The statue is the second completed for the Greenbushes Ratepayers and Residents Association's Entrance Statements Project by local artist and metal sculptor Mick Latimer. The first statue, a tin man, has been in place at the northern highway entrance to the town since June.

Residents (pictured left) Leonie Eastcott, Tracy Lansdell, Leanne Green and Angie Cornish had a sneak preview of the statue recently.

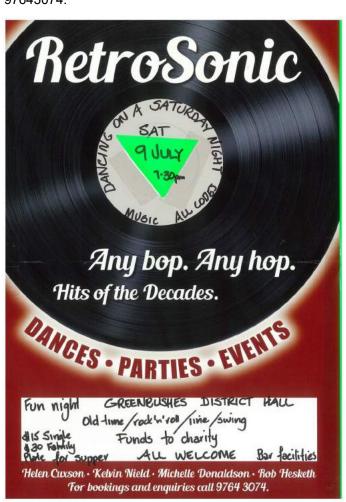
The project was supported by Talison Lithium and a grant from Friends of the South West.

CLUB B PROGRAMME FOR JULY

The Club B programme for July is available from Danni Roberts 0477713368 or email Danni at danni.roberts@silverchain.org.au.

There is a varied programme on offer with a new speaker or presentation each Friday. The club is held between 10:00am-12:00pm at the Blackwood Community Centre.

The fee is \$5 which includes morning tea.







BRIDAL CREEPER STRATEGY

Blackwood Biosecurity Inc. and Bridgetown Community Landcare are holding two free half day workshops, Thursday July 28th in Bridgetown and Friday August 5th in Greenbushes to help landholders tackle Bridal Creeper.

The workshops are "hands on". Rust infected Bridal Creeper foliage will be gathered for landholders to spread in their area. The workshop presenters will demonstrate how to use "low brushoff" chemical control and will provide measured packs for landholders to take away to use.

Contact Community Landcare Officer Cheryl Hamence 0428723111 or email nrmbridgetown@gmail.com to register and receive further information. You can also find information on the Blackwood Biosecurity Inc. Facebook page.

Bridal Creeper has got off to an early start this season. It is really cracking along. This means it has a longer growing season, which favours high fruit production and may lead to more spreading.

Bridal Creeper is a weed of national significance, one of 32 agreed on by the Australian Government. These weeds are a priority because they are invasive, have a huge potential to spread and a huge potential to have social, economic and environmental impacts.

Blackwood Biosecurity Inc. (BBI) has secured "Groundwork's" funding of \$14,977 from South West Catchments Council (SWCC) for Bridal Creeper control, including more rust release and chemical control. Bridal Creeper has been present in our district for a very long time, possibly a hundred years.

It's a weed of creeklines, the Blackwood River, edges of bushland and our gardens. Originally from South Africa where it has many natural control agents, it is very much at home here in the south west. Bridal Creeper is spread by birds, foxes and rabbits.

Here in the Bridgetown-Greenbushes Shire, landholders together with Landcare have tackled its spread enthusiastically with the release of Bridal Creeper Rust and other biocontrol agents a decade ago. These have been partially successful, but we now need another big control push to keep on top of its spread, especially in view of the head start Bridal Creeper has this year.

The initiative will target natural areas, roadsides and the Blackwood River. Blackwood Biosecurity Inc, together with Bridgetown Community landcare has completed roadside Bridal Creeper mapping and mapping of bushland reserves in May and June. We are keen to involve all landholders in our Bridal Creeper control effort.

Jenny Dewing

EOUIPMENT FOR GREENBUSHES CRC



Member for O'Connor Rick Wilson visited Greenbushes CRC in June to view a new air conditioner and folding machine provided for volunteers through the Federal Government's Small Volunteer Equipment Grants.

Making conditions more comfortable for volunteers is the aim of new equipment recently purchased by the Greenbushes Community Resource Centre.

A reverse cycle air conditioner and folding machine will be very welcome for the volunteers at the centre who assist with a range of jobs including folding the Greenbushes Newsletter each month.

Federal MHR Rick Wilson visited Greenbushes to check out the new equipment at the CRC and to see how volunteers at the Greenbushes Golf Club have made good use of new equipment to maintain the greens and fairways. The grants were obtained from the Federal Government's Small Volunteer Equipment Grants.



BRIDGETOWN THE WINTER CAPITAL OF WA

There's plenty of things coming up in Bridgetown as part of the Bridgetown Winter Festival which takes in the months of June, July and August. For the full programme of events go to www.bridgetowninthewinter.com or call in to the Bridgetown-Greenbushes Visitor Centre.

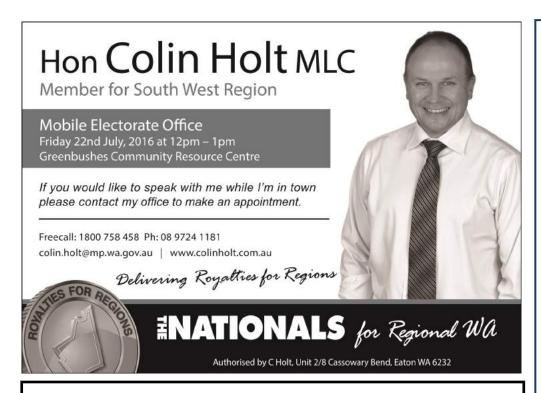


MINE NEWS

During June, representatives of Talison's owners, Albemarle Lithium Corporation from the United States of America visited the site.

On Monday 27th June, Talison and QUBE Bulk Transport held a truck awareness session at the Greenbushes Primary School to allow the students an 'up close' view of the trucks that transport lithium product from Greenbushes to the Port of Bunbury. The truck drivers explained the distance it takes for the large trucks to stop suddenly and students had the opportunity to climb into the truck cabin to gain an understanding of the size of the trucks.

Peter McKay celebrated his 20 years service at the Greenbushes Operations, along with Ghia Oliver, Imogen Paton and Brad Roberts celebrating their 10 years service recently.



Harcourts Bridgetown

Rural Sales
Residential Sales
Commercial Sales
Property Management
Subdivision Project Management

110 Hampton Street, Bridgetown 97611566 bridgetown@harcourts.com.au

BATS

The Blackwood Area Transport Service (BATS) is a new community resource that has been founded by HACC, Meals on Wheels and Strive to provide Transport needs for those people who are HACC eligible.

BATS is committed to support people to maintain their independence. Transport assistance is available for:

- Medical Appointments
- Allied Health appointments
- Shopping
- Banking
- Social Events
- Maintaining Family Connections

If you would like more Information, brochures are available at the CRC or contact the BATS Coordinator on 9761 1855

If these services are not utilized we May lose them!





AUTHOR TALK AT BRIDGETOWN REGIONAL LIBRARY—TUESDAY JULY $26^{\rm th}$ 2:00 PM WITH AFTERNOON TEA

MEET CARLA VAN RAY—AUTHOR OF 'Healing from Abuse, A Spiritual Guide." ALL WELCOME Contact Kathy Matthews at Bridgetown Library on 97612503.



Silk Painting Workshop

Janet Wells Silk Artist & Author

Tuesday, September 6th

9:30am—4pm

Light lunch included
Places limited
\$35 for CRC members
\$60 for non-members

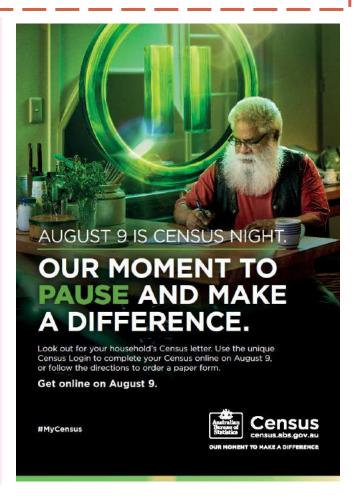
- Learn silk painting techniques
- · Create your own silk scarf
- Payment must be made with booking







To book call the CRC on 97643575 or Email trainee@greenbushescrc.net.au





Exchange Hotel - Greenbushes

22 Blackwood Road, Greenbushes

08 9764 3509

Dine in: 6:00-8:00PM Dine in 7 days Take Away 5:30-7:30PM
Last orders 7:15PM
Take Away 7 Days—Drinks & Food

Roast every Sunday 5:30—7:30PM

Shaded Beer Garden

Accommodation Available

See website for more details: www.exchangehotelgreenbushes.com .au





Rural in Reach Counselling Service

Supporting the health & well-being of rural WA



The Rural in Reach program offers:

- Free support & counselling through video conferencing, phone or email
- A variety of specialised support in areas such as mental health, parenting, family/domestic violence plus alcohol & other drugs
- Appointments for women, men, individuals, families, couples & children (7 years & up)

For more information, please call Rural in Reach on 1800 998 399





ROOM HIRE

New Conference/Training Room available for hire—seats up to 30.

With OHP & Screen, Digital white board, white board, Digital TV & DVD Player.

Meeting room also available and hire of Health and Wellness Room. Contact CRC for prices and schedules.

New Conference/ Training room	CRC Members	Non Members
1/2 day (4 hrs)	\$33	\$45
Full day	\$45	\$90
After 4pm (per hr)	\$20	\$25
Tea/coffee	\$2.00/head	\$3.00/head
Morning/afternoon tea	\$4.00/head	\$5.00/head
Other catering	Upon Quote	Upon Quote

Call 9764 3575 / email: admin@greenbushescrc.net.au



Rural in Reach Westlink Broadcast

Parenting Across the Age Span

The following viewing times are available via Westlink:

DAY	TIME	JULY	AUGUST
Friday	12:00	22	5
Saturday	13:00	23	6
Sunday	14:30	24	7
Monday	16:00	25	8
Tuesday	10:30	26	9
Wednesday	12:00	27	10

Parenting begins during pregnancy and lasts long after. This Rural in Reach broadcast invites a panel from the Womens Health & Family Services program Kids in Focus, to discuss parenting across various ages. The panel will also explore attachment and suggest ways of maintaining this with your children during life's challenges such as separation, trauma and alcohol and other drug misuse.

Please register your interest with your local Community Resource Centre or call Rural in Reach for more information on 1800 998 399



Or call Greenbushes CRC on 97643575/

MAKE A STAND!

With all the emphasis on getting enough rigorous exercise, it's easy to overlook the profound benefits of simply "standing up."

Standing up and moving creates immediate physiological changes. It immediately pumps more oxygen into your body. It has a direct effect on your metabolic system. Over time, standing and moving even lengthens your telomeres: these are protective caps that sit at the end of your chromosomes. The longer the telomeres the longer you're likely to live!. A study published in the British Journal of Sports Medicine found that the less time a person spent sitting, the longer their "telomeres" and the greater the chance of living longer.

For editorial and/or advertising contact Greenbushes Community Resource Centre deadline is 20th of the month.

97643575 admin@greenbushescrc.net.au

Recycle your batteries, printer cartridges and mobile phones at the Greenbushes Community Resource Centre.







Optometrist

Graham Shipway will return to the CRC on Wednesday 6th July & 5th October 2016 between 9.30am and 4pm. To make a booking please contact the CRC on 9764 3575. Medicare card and private health fund card necessary at the time of consultation. Spectacles are available for collection from the CRC.

Checks for Glaucoma, Cataract & Macular Degeneration are also available.

Prescription pick-up / drop-off The Balingup Pharmacy prescription drop off service is now ongoing. Please ensure all scripts are dropped at the CRC before 11am Wednesday for pickup after 3pm Wednesday. Other pharmaceutical goods are also available through this service, please call the CRC for further details.

Silk painting workshop—September –see advert in this edition for the details.



After School Program



3:30pm—4:30pm Wednesdays at the CRC

Computer Coding - Lightbot Grab a toasty, a computer and hone your skills

OPTIONS:



Practice your coding skills using Lightbot Learn Excel, PowerPoint, Publisher Complete home work Fully supervised Tuition available

For more information call the CRC on 97643575 Or email trainee@greenbushescrc.net.au

JULY 2016

Rural in Reach

Recently the CRC delivered a video conference on Methamphetamine use, effects and statistics. The video conference was an extremely informative source of information. If you would like to receive a powerpoint presentation copy of the conference please contact us on admin@greenbushescrc.net.au

Our next video conference on June 7th covers Post Traumatic Stress Disorder (PTSD), suitable for all community members and those offering support or living with the disorder. Please contact us to register vour interest.

The Rural in Reach program also offers free counselling by video conference, phone and even email. There are many areas they provide support including trauma, grief and loss. If you or someone you know is in need of counselling ring Rural in Reach on 1800 998 399.

Knitting club

If you like knitting or crocheting call in to the CRC on Tuesday at 10am and introduce yourself to our regular knitting members. Bring along your own project or the club has wool available for charity purposes.

Morning tea is on a rotational basis and new members are welcome. Recently the Club donated items to the RUHA Center in Perth, an outreach centre for people needing assistance.

Community Chest Funds for CRC

We are very grateful to the South West Development Commission and the State Government for the allocation of \$25,000 in **Community Chest Funding for our Supporting Our Seniors Project.**

The funds will be used to develop an electronic database system and run a pilot programme to provide services for our community.

More information will be provided in the next edition of the newsletter.

ABN No. 91 685 431 5026

PH: (0) 9764 3575 Fax: (08) 9764 3799 Email: coordinator@greenbushescrc.net.au















Massage options at the CRC

Norm Renshaw - for bookings please contact Norm on 9764 3746. Norm has been a massage sports trainer since 1984 and is also a Reiki Practitioner. He has worked with Chiropractors and Physiotherapists for the past 12 years and with many professional sports people in football, soccer, tennis, cycling and marathon running. In the past Norm worked as a Sports Massage provider at the University of Western Australia and the WA Institute of Sport.

Jenny Ryan - Deep Tissue, Trigger point, Therapeutic massages, Akashic Readings, Chakra readings all available – for bookings please contact Jenny on 0455 286 800

Anita Mayer - Reflexology, 3rd Wednesday of each month. Call the CRC for bookings.

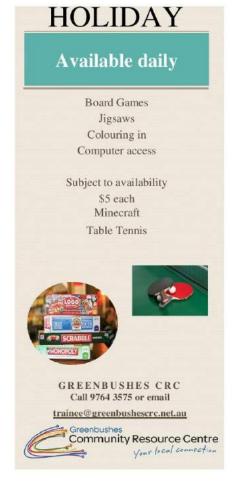
WEST AUSTRALIAN AUTHOR VISIT TO GREENBUSHES

The West Australian author and journalist Bret Christian will visit Greenbushes in July to talk about his book "Presumed Guilty". See the poster on the back page of the newsletter or contact the Greenbushes CRC for details. 97643575.

Our CRC craft ladies have been busy again knitting up a storm for charity. Last week 50 baby jumpers in various sizes and colours were dropped in at Sew Gentle Era for distribution to African babies in need. Any wool you no longer need, whatever the amount, can be dropped off at the CRC.

Our School Holiday Programmes—call the CRC on 97643575









Solar Power

After months of planning, the Greenbushes CRC is finally producing energy utilising a 5kW solar system, connected on 10th June. The project was made possible through an interest free loan through Citizens Own Renewable Energy Network Australia Inc (CORENA), providing interest free loans to not for profit organisations seeking solar energy. Loan repayments from completed projects and new contributions from all over will help fund solar panels on new projects. If your not for profit would like information on the application process, feel free to give me a call on 9764 3575 or go to their website www.corenafund.org.au/quickwin. All donations of \$2 or more as of 27th April are now tax deductible.

Men's Shed The Men's Shed is receiving finishing touches and has now had the asbestos removed, received a new look and has reached lock up stage. There is still plenty of work to be done acquiring equipment. Don't forget to drop me an email or call in with your contact details if YOU are interested in being involved or have any ideas for workshops, training or events, specifically for MEN.

WESTLINK PROGRAMS

Westlink (VAST 602) can be viewed for free at the CRC during opening hours (dependent upon room availability). Programs include:

- ⇒ Destination WA: A lifestyle show covering anything from food, travel, events.
- ⇒ Inside Art: A program that looks at art from the artist's perspective.
- ⇒ Inside Curtin: Go behind the scenes at one of Australia's most exciting universities.
- ⇒ The Garden Gurus: Join the Guru's team as they give tips on feeding your plants, growing veggies and much more.

ADVOCARE ELDER ABUSE AWARENESS DAY June 15th was celebrated to raise awareness for AdvoCare Elder Abuse. Since the lowest estimate for elder abuse is 1 in 20 of all seniors, if you know 20 older people chances are at least one of them is being abused in some way. Financial is the most common form of abuse, with neglect and psychological abuse also common. And 73% of perpetrators are



common. And 73% of perpetrators are family. If you know someone who you feel is not being treated the way they should, call the Elder Abuse Hotline on 1300 724 679 for a confidential chat.

Our **Mahjong** sessions are still running on a Monday from 11am—12.30 / 1pm except on public holidays. Gold coin donation. Similar to the Western card game rummy, **Mahjong** is a game of skill, strategy, and calculation and involves a degree of chance. A great way of keeping your mind agile.

Call the CRC for further details on 9764 3575.









Affordable Car & Contents Insurance

Are you looking for cheap insurance

WA NILS & Step-up have teamed up with Good Shepherd Microfinance and Essentials by AAI to offer affordable, simple insurance cover that is within reach and tailored to low income clients.

There are four products available:

Contents Cover - up to \$10,000 contents coverage for insured items.

<u>Contents Plus</u> - up to \$20,000 contents coverage for insured items.

<u>Car Cover</u> - up to \$3,000. <u>Car Plus</u> - up to \$5,000.

- Pricing starts from just \$4 a week for Contents Cover and \$5.50 a week for Car Cover.
- There is no standard excess for the first two claims.

To find out more call: 1800 429 598 or visit https://www.essentialsbyaai.com.au/insurance.

Do you have a mobile phone, iPad, or tablet and feel that you could get much more out of it, if only you knew how? Come along to a free help session Wednesday between

10.00am - 11.00am.

Bookings essential.

GREENBUSHES TO BRIDGETOWN SHOPPING BUS RUN

Scheduled dates for the shopping run Greenbushes to Bridgetown on the Community bus "Rosie" are 21st June, 5th July, 19th July, 2nd August and 16th August, departing Greenbushes Post Office/Corner Store at 9.00am.

Community Resource Centre Services

Are you aware of the full range of services available at the CRC?

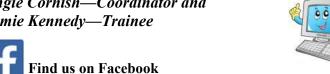
- *Book a ticket with TransWA or South West Coach Lines.
- *Report iob search details, earnings or overseas travel through our Centrelink Access Point. There is a designated Department of Human Services phone, fax and computer available for queries or reporting purposes.
- *Are you looking to volunteer? Call in and discuss options with us.
- *Looking to improve your skills on the computer? Book a session.
- *Need technical help? Yes we can help.
- *Fax
- *Email
- *Room hire
- *Video-conferencing
- For a full range of available services go to our website www.greenbushes.crc.net.au

COMING UP @ the CRC in July

- Sunday 3rd 9am Croquet in the Park @ The Cricket Grounds Greenbushes, beginners welcome.
- Friday 15th 4pm-6pm Sundowner Croquet in the Park
- Mondays, Dru Yoga, 9.30am to 10.30am -\$2. An easy relaxing stretch class.
- 5th & 7th School Holiday Program—Make a Digeridoo
- Wednesday 6th July, Optometrist visit
- Friday 8th Book Review with Bret Christian 1pm-2.30pm
- Wednesday 20th Reflexologist visits the CRC
- Friday 22nd Wendy Trow talks about Cambodia 10-11.30am morning tea provided, gold coin donation. Friday 22nd Colin Holt visits Greenbushes 11am –12pm
- Book club meets on the 3rd Wednesday of each month, 10 11am new members welcome.
- Thursday 28th Pelvic Floor and Core Core Core with Angela
- Craft group meets each Tuesday at 10am-12pm.
- Quilting / sewing / stitching group meets each Thursday from 1pm-4pm - \$2
- Wednesdays of each week 10am—12pm by appointment for members—Ask Terry any techie questions, learn how to use the computer, iPad, Broadband for Seniors training available. Learn how to email, search the net, setup documents and spreadsheets.

There's always something happening at the CRC so call in and have a chat and find out what you can be involved in within your community. Or call us on 97643575.

Angie Cornish—Coordinator and Jamie Kennedy—Trainee





CROQUET In the PARK

If you are interested in learning how to play croquet, or would like to have a game, please join us @ 9 am on the first Sunday of each month (weather permitting) at the Cricket Oval in Greenbushes.

Between the rabbit holes, kangaroo poo and weeds you are guaranteed a challenge.

Contact the Greenbushes Community Resource Centre on 9764 3575 to register your interest.

After School For **Kids** on Wednesdays

In association with the Greenbushes Primary School the CRC will offer a free After School Programme on Wednesdays.

Children are welcome to drop in and have some afternoon tea before learning some new computer skills in the area of coding. This is all the behind the scenes stuff that actually programmes computers. This new skill is something that future generations will need to be comfortable with so the CRC is pleased to be able to offer support to our community and provide opportunities for young people to learn these valuable skills. Or if children just need a quiet space and a computer for their homework they can also do that on Wednesdays.

Blackwood Basin Group Update



The Priority Bittern and Waterbird Biodiversity Enhancement Project, coordinated by the Blackwood Basin Group (BBG), is a four year project, funded by the Australian Government, which aims to create a wetland haven at Schwenke's Dam, Greenbushes, to attract critically endangered waterbirds.

Funding boost for development of Bird Hides and Boardwalk at Schwenke's

The Blackwood Basin Group is very pleased to announce it has been granted \$50,000 from the State Government of Western Australia via the Community Chest Programme administered by the South West Development Commission.

Member for Warren Blackwood Terry Redman has announced the grant will help fund Stage 1 of a Nature Viewing Precinct Plan at Schwenke's Dam in Greenbushes. The grant will be used to construct a boardwalk and trail to facilitate nature-based experiences to benefit tourists and the local community.

Roadshows

Kristen and Margaret have been busy this month with Roadshow displays and ongoing feral animal and weed control. Dates have been confirmed with the Australian Government's Green Army in July—September for the planting of Spring Gully and further weed control across the Waterbird site. Gaining access to this group for Spring is going to be a great benefit to the bushland surrounding Greenbushes.

Plant of the Month

Our keen wildflower enthusiast Felicity Littleton has provided some information on the "HOVEA" for this edition of the newsletter. The description of this Hovea means that the leaves are similar to some *Chorizema species*. Added to this the foliage is similar to that of a Holly Tree. The large, brilliant purple, blue flowers are stunning to see in the Winter in the Jarrah Forest. The plant only grows to 50cm and features in sandy or gravelly soils. The Hovea flowers from June to September.



Photo by Brooke Janitz

Mushrooms Field Guide and Workshop

The Blackwood Basin Group has partnered with the Boyup Brook Community Resource Centre to coordinate a very useful workshop on identification of mushrooms. Mushrooms are a great source of vitamins and there are many found in the wild around the South West at this time of year. However sometimes it is difficult to tell the difference between the edible varieties and those that are poisonous .

Fungi enthusiast and Curtin University Presenter Faye Arcarno will be at Boyup Brook to present a very informative workshop on The Magic Of Mushrooms on Monday July 11th from 10:00am to 12:00pm.

The cost is \$10 per adult and children Under 15 will be admitted free. There will be a field walk so take sturdy walking shoes and a camera. To register call 97651169.

Macroinvertebrates Workshop Planned for Winter Festival

The Blackwood Basin Group will participate in the Greenbushes Winter Festival Weekend with a Macroinvertebrates Activity at Schwenke's Dam on Spring Gully Road on Saturday August 6th. The event will start at 9:00am and is expected to continue for about one and a half hours. The activity is suitable for people of all ages and it is guaranteed to get people interested in science and in particular the little creatures who share our world. See inside this edition of the newsletter for more information.

There is also a Macroinvertebrates Citizen Science Day at Greenbushes in the July School Holidays- 13th JULY.

See the advert in this edition of the newsletter.

Tree Planting for Planet Ark

Everyone is welcome to lend a hand with the tree planting at Schwenke's Dam as part of Planet Ark National Tree Day around Australia. This will take place at Greenbushes at Schwenke's on Sunday July 31st.



Blackwood Basin Group Update

FEATHER MAP PROJECT FOR WETLANDS

The BBG is entering into a new citizen scientist project known as Feather Map,

http://feathermap.ansto.gov.au/. This project, run by the University of NSW and the Australian Nuclear Science and Technology Organisation, is aimed at mapping the movements of Australia's waterbirds. The Feather Map project involves the analysis of the chemical make-up of waterbird feathers which when compared against the chemical composition of waterbodies can reveal the bird's movements.



How to join the project is outlined on the website

(<u>http://feathermap.ansto.gov.au/</u>) and involves a few simple steps. Place any feathers collected in an envelope and label with the following information about your collection:

- Date
- Location (if possible please add your GPS location; latitude and longitude. These can be taken from smart phones or google maps).
- A list of the birds you identified within the wetland.
- Type of bird feather, if you know it. It's OK if you don't (Remember to keep each feather separate if you do and tag it).

Include your name and address. This is a condition of our scientific licences. This information will only be kept, or provided to the relevant governing body, for this and no other purpose.

Your collection then can either be posted to:

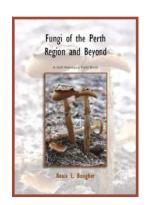
Feather Map of Australia Project PO Box 384 WEMBLEY WA 6913

Or simply handed to Margaret or Kristen at the Greenbushes Garden Centre on a Tuesday morning.

The BBG is also hoping to extend on the work being done with waterbirds to map the movements of Forest Black Cockatoos using similar methods. If you find any black cockatoo feathers and would like to contribute them to this project please drop them off to Margaret or Kristen.







The BBG has made photocopy booklets of the "Fungi of the Perth Regions and Beyond" by Neale L Bougher and placed them at various businesses and the CRC.

www.blackwoodbasingroup.com.au

Get involved

Community engagement is key to the success of this project. We are on Facebook and are keeping our followers up to date with photos and posts of our activities! Like the Blackwood Basin Group's Facebook page today for updates on programs and workshops running in your local area in the coming months. If you're not on Facebook, jump on our website at www.blackwoodbasingroup.com.au or contact the BBG office on 9765 1555 or email Margaret@blackwoodbasingroup.com.au to register your interest in our email updates network.

For any further information or to be involved in the project, please contact Margaret Jakobson on 9765 1555 or email Margaret@blackwoodbasingroup.com.au.



FIND US ON FACEBOOK



Fun Run Tally In

The Greenbushes Ratepayers and Residents Association Incorporated would like to sincerely thank everyone who assisted with the 2016 Greenbushes Fun Run on 15th May 2016.

This year the event attracted 237 entrants including some fantastic support from our local junior sporting groups and the Manjimup Park Run group as well as a host of locals and people from surrounding towns.

The event raised \$7,041.90 for Breast Cancer Network Australia (BCNA) and \$2,500 for a local family with a member who is battling cancer.

Thank you to all the local businesses who came forward with prizes and give-aways for the event. It was much appreciated by the winners of the various events and categories. Thank you also to the South West Development Commission for Event Grant Funding through the Royalties for Regions programme.

We look forward to hosting another event next year, again to raise funds for charity.



Help bring the Bittern back from the brink of extinction.

Signup for National Tree Planting Day at Greenbushes

Sunday 31st July 2016

Wetlands for waterbirds, 9765 1555









Pat's Patch... Cr Pat Scallan

Congratulations to the creator Mick Latimer and the Greenbushes Ratepayers &

Residents Association for the installation of the 'Tin Man' at the northern entrance to Greenbushes. This is an imposing structure, highlighting the district's long mining history. Keep an eye out at the southern entrance to town, with the second sculpture soon to be installed, themed to connect to the timber and farming history of the district.

Our Greenbushes Winter Festival Weekend is approaching on the first weekend in August. Events are planned, commencing Thursday 4th August through to Sunday 7th August. The programme of events is available in the 'Bridgetown in the Winter' brochure, or go to www.greenbushes.com.au.

Unfortunately, I have to mention some instances of vandalism and petty theft, which have occurred in and around Greenbushes in recent weeks. One incident occurred at the Greenbushes Pool. These have been reported to the Police, but please keep an eye out and if you see anything unusual, please report it to the Police, or contact me on 0427643508.

It was also disturbing to note that someone has dumped a trailer load of rubbish on a back road of Greenbushes, not far from the Sports Complex. The litter is comprised of old plaster and what appears to be interior ceiling or walls of a home being renovated. The appearance of the litter indicates it is an older style home that is being renovated. If anyone has any information regarding this please contact me on 0427643508.



Council has reviewed the kerbside rubbish and recycling collection areas and has agreed to extend this collection to James Street, Forrest View Court and Grimwade Road in North Greenbushes. This service will commence from Wednesday 6th July 2016.

To sit in the shade on a fine day and look upon the verdure is the most perfect refreshment.

JANE AUSTEN—Author Pride and Prejudice





Local residents now have the opportunity of a delivery service between Greenbushes CRC and the Balingup Pharmacy. This service is being offered by the Community Resource Centre, Balingup Pharmacy and Rod & Meghan Bunter of Greenbushes Post Office.

All prescription papers to be dropped at the CRC before 11am each Wednesday.

Orders will be available to pick up from the CRC later the same day. For further details ring the CRC on 9764 3575





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Massage

By Norm Renshaw

\$50 per hour

or \$30 1/2 hour

For bookings please call

9764 3746





Expert health advice, old-fashioned service

We are in The Packing Shed **Cnr South Western Hwy** & Balingup-Nannup Rd

There is plenty of parking off the highway

Ph 9799 0346

Fax 6230 5474

Visit us for details on our generous **Loyalty Rewards Club**

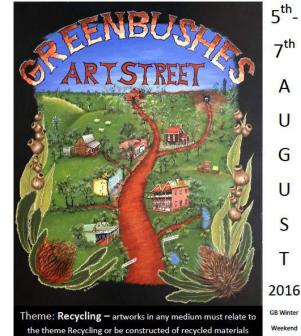
Find us on Facebook for news and updates!

www.BalingupPharmacy.com.au

OPEN 7 DAYS







- \$10 per entry
- People's Choice Award \$1,000 · Children under 12 years of age Award - \$100
 - Closing date for entries 15th July 2016
- Entries must be received at Cakes by Tasty Edibles by 29th July 2016
- Enquiries Shannon Fraser-Butler 9764 3361, tastyedibles@y7mail.com
- Money raised from entry fee & commissions on sales goes towards purchase of artwork for our Greenbushes Art Trail

ENTRIES CLOSE 15th TULY 2016

GOVERNMENT ACCESS POINT





Located at; **Greenbushes CRC**

We have free internet access in a professional and accessible environment for our community

Access sites such as:

- Department of Transport
- Department of Licensing (Guns, Boats etc.)
- Department of Health
- Department of Veterans Affairs
- Department of Human Services

NEW CWA "BELLES" GROUP UNDERWAY AT GREENBUSHES



Front Row left to right Edna Fryer, Angela Mills, Margaret Candido (Greenbushes CWA), Ann Stallard, Ghia Oliver and Back Row left to right Cassandra McCredden, Caprece Spear, Amanda Cashmere Green, Derrice Potter and Karen Browne. Absent from photo Jacqui Puljiz.

GREENBUSHES BELLES 2016 OFFICER BEARERS:

President—Karen Browne, Vice President—Ann Stallard, Secretary— Amanda Cashmere-Green, Treasurer—Cassandra McCredden. Find the group on Facebook—Greenbushes Belles CWA. Email: greenbushesbelles@gmail.com

> The Boyup Brook Community Resource Centre and Blackwood Basin Group present



Monday, July 11 - 10am to 12noon

Boyup Brook Community Resource Centre 86 Abel Street, Boyup Brook



JOIN fungi enthusiast and Curtin radio presenter, Faye Arcaro who will share her recent findings and lead a walk to discover local species

FAMILY FRIENDLY EVENT

Adults: \$10, Children U15: free Includes morning tea

BRING: Walking shoes, raincoat, camera

To register, phone 9765 1169 or email boyupbrook@crc.net.au









The Country Women's Association (CWA) Greenbushes Belles Group had its inaugural meeting on Thursday June 23rd.

"Belles" is a sister group to the The Greenbushes CWA and is aimed at younger women with evening meetings to suit working women and mums.

The group welcomes all women from the local (Blackwood) area and aims to have monthly meetings/gatherings at 7:00pm on the fourth Thursday of the month.

President Karen Browne said the inaugural meeting was well attended.

"We are a brand new CWA group and we have the opportunity to develop and grow in a number of areas, but some of the ideas formed already include "Belles" fundraising, crafts, cooking, community support and growing friendships," said Ms Browne.

"We are country women supporting other country women and their families," she said.

"We would like to thank the ladies from Greenbushes CWA for their amazing support of the Belles and Ann Stallard for organising the new group to start.

Words in the Valley

Readers and Writers Festival JULY 30th and 31st At Bridgetown Regional Library

> **FEATURING** Sarah Evans Andrew Lansdown

> > Programme includes

WORKSHOPS

Once apon a time: crafting stories-anyone can do it with Sarah Evans.

Traditional Japanese poetic forms with Andrew Lansdown.

CONTACT

BRIDGETOWN REGIONAL LIBRARY 97612503.

Supported by Writing WA, Blake in the Blackwood Poetry Prize and the Shire of Bridgetown-Greenbushes



QUBE AND TALISON TALK TRUCK SAFETY AT GREENBUSHES



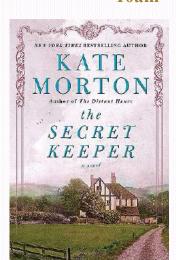
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Greenbushes
Community Resource Centre

Your local connection

Invites you to come to the next Book Club meeting at the Greenbushes CRC

on Wednesday 20th July 10am - 11am



If you would like to review last month's book come to the meeting. And if you'd like to read this new book see Jamie in the office

The Secret Keeper By Kate Morton Greenbushes Primary School students had the opportunity to get a close look at heavy haulage trucks when Qube Logistics and Talison Lithium held a safety awareness session at the school in June.

Staff from Talison Lithium and Qube were on hand to help students gain an understanding of safety around large road vehicles such as trucks.

Four main points were presented to the students-

- 1. Keep well back from the edge of the road when a truck is passing by as the trucks create a large wind draught.
- Don't try to cross in front of a truck as it takes several hundred metres for a loaded vehicle to stop in an emergency.
- 3. If riding a bicycle, get off the bicycle and stand at the side of the road while the truck passes. Do not stay on a bicycle on the edge of the road when a truck is passing.
- Check behind trucks before crossing as there may also be vehicles sitting behind a truck waiting to pass and they may not always be visible until after the truck has passed by.

After the safety sessions students were given a bag of goodies including a toy truck, a cap and a safety awareness booklet. Everyone enjoyed lunch after the session.





NEW TWIST FOR AN OLD TRAIL

A new brochure has brought to life the story of the Little Schools Trail in the Shire of Bridgetown-Greenbushes.

The Shire of Bridgetown-Greenbushes and the Bridgetown Trails Advisory Committee have collaborated with the Bridgetown Historical Society to update and reprint the Little Schools Trail Brochure. It now contains a new map complete with GPS locations of the 25 former school sites in the district including Greenbushes.

The whole trail spans 212 kilometres but can be explored over several days or through the selection of one or two sites.

Originally conceived by the CWA and Bridgetown Visitor Centre for the Western Australian Bicentennial in 1988 the Bridgetown-Greenbushes Little Schools Trail is a self drive trail.



Brochures are available from the Bridgetown-Greenbushes Visitor Centre, Greenbushes businesses, Discovery Centre, CRC or online from the Total Trails website.

HAPPY 90th BIRTHDAY TO GLORIA WIDDUP



Balingup identity Gloria Widdup celebrated her 90th birthday recently in Balingup.

Whether it's playing bowls in Bridgetown, volunteering at the Village Peddler in Balingup where she sells her recycled dolls or travelling up to Exmouth in the winter months for some sunshine, Mrs Widdup makes the most of every day. Among her hobbies are sewing, playing the organ and writing novels – she has written two and is hoping to find a publisher soon.

Underpinning much of her life has been her Catholic faith and her work for the parish of St Therese in Balingup where she has served as a past Parish Secretary organising many Spring Balls and fundraising drives. She credits one of her biggest achievements as being part of a team of parishioners who petitioned the Bishop of Bunbury to rebuild the Balingup Catholic Church when it was destroyed by severe tropical Cyclone Alby in 1978.

Mrs Widdup, who was born in Bridgetown in the home of Nurse McAlinden in 1926, grew up on an orchard on the slopes of Blechynden Street in Bridgetown with her parents Bill and Kathleen Carr and her sister Mavis.

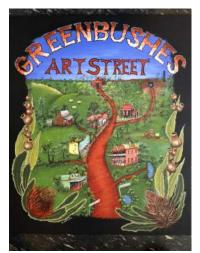
After the untimely death of her mother following a difficult childbirth and the subsequent death of her baby brother, Gloria, then aged 10 and her sister Mavis, aged eight were cared for by their father and grandmother.

Mrs Widdup met her husband Lew at a dance in Greenbushes shortly after he returned from service in the Air Force.

Three years later in 1949 they married and moved to an old cottage on the Widdup family farm in Balingup. The couple raised their two young boys Robert and Phillip on the farm and became involved in many community and sporting groups in their spare time with Mrs Widdup a past president and Captain of the Balingup Golf Club.

If you have some local news or photos for us, contact the Greenbushes Community Resource Centre on 97643575





Greenbushes Art Trail and Exhibition 2016

The Greenbushes Art Trail and Exhibition is being held in conjunction with the Greenbushes Winter Festival Weekend on August 5,6 & 7. Entries for the exhibition and awards close on July 15th.

This year the prize of \$1,000 for adults and \$100 for children will be awarded to the "People's Choice" as judged over the Greenbushes Winter Festival Weekend.

For entries and enquiries, contact Shannon at Tasty Edibles on 0407282559.

OFFICIAL OPENING OF THE EXHIBITION

FRIDAY AUGUST 5th AT THE RSL HALL, BLACKWOOD ROAD GREENBUSHES. TIME: 6PM—8 PM. DRINKS NIBBLIES AND LIVE MUSIC.

The Exhibition will then be open to the public on Saturday and Sunday 6th-7th August at the RSL Hall, Road Board Building and Tasty Edibles Café 9:00am—4:00pm.

SILENT AUCTION— This year there will be a Silent Auction of local artworks with winners announced on the Winter Weekend. Art works in the Auction are on display at local businesses until the Auction concludes. Make a bid!



MICK LATIMER'S FROG—On display at the Greenbushes Roadhouse with bids really hotting up.



CAROLINE HAINES'S
PAINTED SAW—on
display at the Post Office
and proving a popular



SALLY STONEMAN'S LEAF— this striking artwork is on display at the Community Resource Centre, call in to bid!



REX RANDOLPH'S
BULLET PROOF VEST
—On display at Tasty
Edibles and creating a
great deal of interest.



Proceeds from this year's Greenbushes Art Trail and Exhibition will be used to commission a mural at the Greenbushes Pool.

ART WORKSHOPS ON THE WINTER WEEKEND

See the advertisement in this edition of the Greenbushes-Balingup Newsletter for all the details of a number of art workshops available in the town over the Greenbushes Winter Festival Weekend.

These low cost workshops will give participants the opportunity to learn new skills and take home a piece of original artwork.

Then on Sunday two artists will set up art stalls in Greenbushes RSL Hall.

Nina from Firetail Artistry at Nannup will have available works using recycled material such as bird houses, barbed wire, beadwork, wool and fabrics. 10am to 2pm.

Caroline Haines will have handmade walking sticks, recycled containers for plants and other artworks for sale. 10am to 4pm.

Join in the inspirational art activities over the weekend at Greenbushes.









The Herbarium with Felicity Littleton

Commencing work with BBG in April 2014 found me seeking out significant weeds and marking them as Way Points with the then Field Officer Joby Rand. Joby was in charge of many and varied activities. One of them, was to undertake a semblance of weed mapping. After some time, I was offered a position to collect and press local native flora. Thus I began my collection around June 2014, and forming the Greenbushes Herbarium.

I continued on collecting where another had collected a number of species. These remain in the collection and are very important, as they are mainly sedges and rushes, the most important wetland species.

It is somewhat impossible to accurately account for the distance I traversed in the Schwenke Dam area, which consists of 20 Hectares. Many times I drove my car along the Northern tracks, parked and walked down, up and across to safely access different areas. Kangaroo tracks can be very handy for this.

Depending on how much vegetation I had amassed, or could carry, I would work 2 or 3 times a week, and then, of course, there were many hours of voluntary work spent processing the material. When out in the field, I carry a small notebook which just fits into a small bag which I attach to my body. This is also the bag in which the GPS unit fits. This way I can take notes and samples immediately of the plant, writing down all the information required.

Returning to the Pressing room in Greenbushes, I then set about pressing the plants in my preferred Butcher's paper, followed by thick newspaper, a layer either side of cardboard, then a square of wood on top, secured with a ratchet tie-down. All plants had to be reduced to A4 size in order to be mounted on to acid-free paper. This was achieved by making several modifications like folding over plants that were large and removing some of the stem and other parts, but at least leaving enough to show the vital parts. Most cases I left the plant in its compressed state for 3 to 4 weeks. This depended on the physiology of the plant e.g. succulent foliage or bumpy fruits.

There are currently 215 specimens in the Herbarium. Outside of this, I have also a compendium of 33 weeds pressed and mounted in a similar way. Information on the weeds vouchers includes control for eradication.

The most well represented family in the Herbarium is the Family FABACEAE. Although MYRTACEAE also features highly, recently all Wattles have been placed in the Fabaceae Family. *Continued next column*.

The Herbarium is an ongoing project. I am not surprised when I sight a plant that has not been previously seen. I hope to find other orchids which I did not collect in 2014. Last year was a poor year for any orchids as there had been a very dry October, and I am still hoping to collect *Prasophyllum* sp. (Leek orchid) and *Caladenia cairnsiana* (Zebra orchid). Both of these orchids have been seen, but due to circumstances I have been unable to collect.

A little further out of the range of Schwenkes Dam, certain plants (not as yet seen at Schwenkes by me) are found not very far away. These include *Dasypogon bromeliifolius* (a population discovered in Bushland near Charnley's Pit, an area where I participated in Macro-invertebrate collecting). Further sightings are: *Cyathachaeta avenaceae*, *Cryptandra abutiflora* and *Drosera bulbosa*.

GOLF DAY FOR DIABETES



Meghan Bunter with her daughter Ella and Jess Oliver with her daughter Ruby. Picture by Lee Steinbacher.

A recent golf fundraiser in Greenbushes raised \$1,189 for Princess Margaret Hospital's ongoing research into Type 1 Diabetes.

Twenty eight players braved wet conditions to participate in the golf event with Joe Evans and Corley McLernon taking out first place ahead of Rebecca and Aaron Gilmore who tied with Gordon and Fizz Jones. In fourth place were Jack and Danielle Oliver.

Event Coordinator Meghan Bunter said around 20 children also enjoyed the fun and games held during the afternoon.

Greenbushes children Ruby Nock and Ella Bunter have both been diagnosed with Type 1 Diabetes and Mrs Bunter said it was comforting to have community support to raise funds for research.

The two most powerful warriors are patience and time ...

Leo Tolstoy—Author "War and Peace" & "Anna Karenina."

GREENBUSHES COMMUNITY GARDEN NEWS

Our *Plastic Free July* Morning Tea & Crop Swap will be held on the 2nd at 9.30-11.30am. This is our contribution as a community group to the fantastic environmental initiative that was co-founded by Rebecca Prince-Ruiz who is originally from Greenbushes. What started as a local Perth event 5 years ago has now grown to one where 10's of thousands of people from all around the world participate. *Plastic Free July* (PFJ) aims to raise awareness of the amount of plastic in our lives by encouraging people to eliminate single-use plastic during the month of July each year.

When we look at our plastic usage there are some things that are easy to eliminate and removing them just takes a bit of remembering, organising and practice. The top 4 single-use pieces are: plastic bags, straws, water bottles and takeaway coffee cups. Then there's a smaller amount of plastic that can be much harder to eliminate. If this is your first PFJ, don't stress too much about the harder ones for now. Start with the easy ones – like the top 4 mentioned and you'll feel a real sense of accomplishment. You can then chip away at the harder ones, finding your own solutions one by one at your own pace.

Just remember that every day, every single time you refuse plastic is significant. Collectively our efforts combine and they are already making a difference.

At our morning tea we will have a display for ideas and tools to reduce our plastic usage in July and beyond. There will be a few things for sale, but we don't want to send a message that to reduce plastic you have to buy more "stuff"! This gathering is about sharing our ideas and encouraging each other. We want you to bring a list of your top 5 (or more!) ways that you already avoid plastic in your daily lives. We will then collate these and share them in our next newsletter update and on our Facebook page.

Please bring a small plate of food to share for the morning tea. We have a kitchen to clean up our dishes, therefore a non-plastic plate would be most appreciated. You can avoid wrapping your food in plastic by just placing a tea towel or similar over the top.

We've been having some garlicky fun with the **Greenbushes Primary School** students. They've decorated their own beds and planted them out with garlic. They will continue to come over the growing season to measure the growth of the garlic leaves and help us in other ways. Next term we will be having sessions with them about Native Bees and they will all make individual bee hotels to put in their home gardens.

We have a new addition to our garden, it's called **'The Stumpery'**. We've placed a beautiful tree root-ball and many stumps along the nature play pathway. This area is a combination of a rustic 'Ode to the Trees', a new native bee habitat and a continuation of fun for the kids. Thanks to Daniel, Jess, Leanne, Steve, Pat, Bill and Talison for their contributions.

August is the annual **Greenbushes Winter Festival Weekend** and we'll be having our morning tea and crop swap on the Saturday 6th at 9.30am. The date of our **7th birthday celebrations** has also been set. Party time is on Saturday November 5th at 9.30am. We are planning lots of fun things to do for all ages so mark it in your diaries now.

Tracy Lansdell



Garlicky fun with the kids in the garden.



"The Stumpery" takes shape at the garden.



Getting ready for Plastic Free July are Anne Giblett, Tracy Lansdell and Andy Hardy.

It is estimated by 2050 there will be more plastic than fish in the Ocean. Be part of the solution and keep our Oceans clean. Join the challenge and refuse plastic in July.



LOCAL SERVICES DIRECTORY





Souwest Glass Service



24 HOUR 7 DAY **EMERGENCY REPAIRS**

WEB: www.souwestglass.com.au Steve Hawkins Glazier - Glass and LeadLights

PO Box 248

P (08) 9764 3663 F (08) 9764 3387

Greenbushes WA 6254

M 0428 953 753 E stevehawkins@westnet.com.au



OSTEOPATH

Rowland Benjamin D.O.

Rowland is a registered osteopath in practice in Bridgetown. He treats muscle and joint problems such as chronic or intermittent pain with hands-on treatment. Advice may be given on posture, stress and exercise.

For enquiries or an appointment phone: 9761 4558

For more information visit: www.rowlandbenjamin.com







The Hon Robyn McSweeney MLC

Member for South West Region

Your local Member of Parliament.

68 Hampton St **BRIDGETOWN** Phone (08) 97611605.

rmcsweeney@mp.wa.gov.au





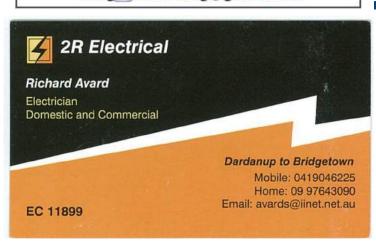
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AVAILABLE 24 HOURS

Phone: 0437495554 bridgetowntowing@gmail.com For editorial and/or advertising
In
The Greenbushes-Balingup Newsletter

contact Greenbushes Community Resource Centre

> 97643575 or admin@greenbushescrc.net.au





We have a Video Conferencing room available for hire, equipped with laptop & TV and video conferencing equipment—Seats 8-10

Video Conference / Meeting Room	CRC Members	Non Members
Per hour	\$12	\$20
Half day	\$33	\$45
Full day	\$45	\$90
After hours (per hr)	\$20	\$25
Tea/coffee	\$2.00/head	\$3.00/head
Morning OR afternoon tea	\$4.00/head	\$5.00/head
Other catering	Upon Quote	Upon Quote

Call 9764 3575/email: admin@greenbushescrc.net.au



Ticketing and information for TransWA & South West Coachlines. Book your next trip at



97643575



RURAL IN REACH

CONTACT THE CRC FOR THE 2016 CALENDAR OF EVENTS OR CHECK THE NOTICEBOARDS.

WESTLINK BROADCASTS

ON A RANGE OF TOPICS. SEE THE CRC FOR A FULL LIST OF TOPICS AND BROADCAST TIMES.

GREENBUSHES CRC LIBRARY

CALL IN TO THE CRC AND CHECK OUT THE SHELVES IN THE LIBRARY WHERE YOU'LL FIND A GREAT SELECTION OF BOOKS. THERE ARE EVEN PAPERBACKS AVAILABLE TO SWAP. IT IS ALSO POSSIBLE TO ORDER BOOKS FROM THE BRIDGETOWN LIBRARY BY SEARCHING THE ONLINE CATALOGUE AT THE CRC.



Community Notices

GREENBUSHES TO BRIDGETOWN SHOPPING RUN

The Community Bus "Rosie" shopping run service operates on alternate Tuesdays from Greenbushes to Bridgetown and return. This service is available at the cost of \$8:00 return to anyone living in Greenbushes.

The bus departs from the Greenbushes Roadhouse at 9am and leaves IGA for the return journey at 11:30am.

For more information call 97611555.

July 5th & 19th



Tell the world:

The Greenbushes Community
Singers will be singing at the
COMMUNITY GARDEN, Sat 6th
August, at the morning tea.

& after that, they will sing at

St Barnabas Church, Sunday 18th
September, 10:10 a.m. (free entry

– all welcome)

For more information Contact Trevor 0437 338 350

If you don't look after your body...where will you live?

Anonymous

Church Times

ANGLICAN CHURCH

Greenbushes St Barnabas

Sunday Morning Prayer at 11:00am Contact: Parish Office 97611031 Contact: Rectory 97611066.

Balingup—St Peter's Church Jayes Rd.

Eucharist 1st Sunday at 9am. Services held each week. Contact Ms Simone Payne for more details on 97641885.

UNITING CHURCH

Greenbushes

2nd Sunday each month 2:30pm

CATHOLIC CHURCH

New times from March 16

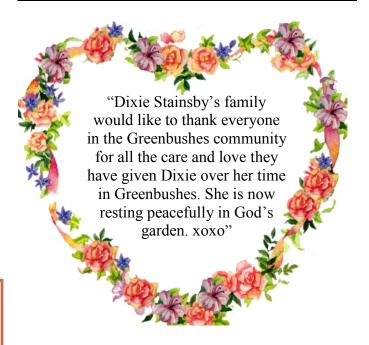
Balingup

1st Sunday	8:30am
2 nd Sunday	8:30am

Greenbushes

3^{rd}	Sunday	8:30am
4^{th}	Sunday	8:30am
5 th	Sunday	8:30am

5th Sunday - Liturgy of the Word/Holy Communion)





Greenbushes -Balingup

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Event or Group	Venue	Time	Day of the month	Contact
Greenbushes Aged Community Committee	Stinton Gardens Function Centre	4.00pm	2nd Mon of the month	Leanne Green 0419005224
Greenbushes Community Garden Committee and Morning Tea	Community Garden Building	8:30am	1st Saturday of the month	Tracy Lansdell 9764 3414
Greenbushes Discovery Centre Committee	Discovery Centre	4:30pm	4th Tues of the month	Leonie 97825717
Greenbushes Retirees Committee	RSL Hall	11:00am	3rd Tues of the month	Heather Cusack 9764 3653
Balingup Men in Sheds	Balingup Community Centre	7:00 pm	Last Tues of the month	Mike 9764 1080
Balingup CWA	Balingup CWA Centre		Meetings 2nd Tuesday and gardens/crafts on 4th Tuesday	Wendy 9764 3525
Community Resource Centre Management Committee Meeting	Community Resource Centre	2:30pm	Third Monday each month	Coordinator 9764 3575
Balingup Playgroup	Primary School Art/Music Room	9.30 to 11.30am	Every Thursday during school term	Katie 9764 1507
Greenbushes Playgroup	Old Court House Greenbushes	9.30am to 11.30am	Every Tuesday	Karen Browne 0408 301002 /97612001
Balingup Progress Association	Balingup Community Centre	7pm	1st Wednesday of month	Noelene King 9764 1080
Grow Greenbushes	Greenbushes CRC	3:15pm	Mondays	CRC Coordinator 9764 3575
Greenbushes CWA	CWA Rooms	9:30am Bingo 1pm Meeting	2nd Thursday of the month	Molly Baxter 9764 3739
Greenbushes Ratepayers & Residents and Tidy Towns	Road Board Building	7.30pm	1st Thursday of the month (except Dec and Jan)	Leanne Green 041 900 5224
Balingup Lions Club Meetings	Community Centre Balingup	7:00pm	Every Second Thursday	Chris 9764 1814
Greenbushes RSL	RSL Hall	3.30pm	3rd Friday of the month	Pat Scallan 0427643508
Community Resource Centre Book club	Greenbushes CRC	10:00am-11:00am	3rd Wednesday of each month	Coordinator 9764 3575
Community Resource Centre Craft Club	Greenbushes CRC	10am-12pm	Every Tuesday	Coordinator 9764 3575
Shamrock Sporting Club	Shamrock Hotel Greenbushes	5pm	Last Sunday of the month	9764 3512
Blackwood River Valley Toastmasters	"Dinner" meeting at Exchange Hotel	6:15pm for a 6:30pm start	2nd and 4th Fridays	Helen on 0400010832
Greenbushes Community Singers	St Barnabas Church	1:30pm—3:00pm	Tuesdays	0437338350
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Greenbushes-Balingup Newsletter

	JULY Diary Dates
2	Federal Election—Polling at CRC
2	Community Garden Morning Tea
3	Croquet in the Park at Greenbushes
5-7	CRC School Holiday Program GB
6	Optometrist visits Greenbushes CRC
8	Book Review with Bret Christian
9	Saturday Night Dance at Greenbushes
9-10	Telling Tales Balingup
11	Mushroom Magic at Boyup Brook
15	Closing Date for Art Trail Entries
20	Reflexologist at Greenbushes CRC
20	CRC Book Club
22	Cambodia Talk at the CRC
22	Colin Holt visit to GB
26	Author Talk Bridgetown Library
28	Pelvic Floor and Core with Angie Winter
28	Bridal Creeper Workshop Bridgetown
31	BBG National Tree Day Planting GB

August 5,6 & 7 Greenbushes Art Trail Exhibition August 5.6 & 7 Greenbushes Winter Festival Weekend August 5 Bridal Creeper workshop in Greenbushes

Words in the Valley Festival Bridgetown





Health and Wellness Room

NOW OPEN

Small or home based business people welcome to apply to use the room

Available for

- . Health professionals
- Massages
- . Reiki
- . Counselling
- . Reflexology
- . Optician
- · Podiatrist....





Please contact the CRC on

Email: coordinator@greenbushescrc.net.au Phone: 9764 3578 for further enquires regarding

room usage



Government of Western Australia Department of Regional Development

WHEN Friday 8th July 1:00 pm - 2.30pm

WHERE

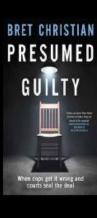
30-31

Greenbushes CRC Call 9764 3575 to register Or email trainee@greenbushescrc.net.au

Afternoon tea provided







CAMBODIA

Friday 22nd July 2016

10-11:30 am Join Wendy @ the CRC for a talk on Cambodia and the work she and other volunteers are undertaking to help children living in remote villages there.



MORNING TEA PROVIDED FOR A GOLD COIN DONATION

TO REGISTER OR FOR MORE INFORMATION CALL THE CRC ON 9764 3575

