

westlink PROGRAM GUIDE MINI

Dec 25 2015 - Jan 31 2016

Released November 19, 2015

Program	Day	Times
Beyond Gardens Live	Mon, Wed & Fri	11am & 6pm
Gardening questions from all over WA are answered by the Beyond Gardens	,	•
eam, John Colwill, Peter Coppin & Garry Heady.		
Captain Clean-Up	Tue & Sat	9:30am & 4:30pm
Meet our West Australian environmental superhero, Captain Clean-up. He is		•
nere to help educate young Western Australians about keeping Australia		
peautiful. The Captain encourages everyone to clean up their own mess, bin		
their rubbish and take care of the environment.		
Charlie's Kitchen	Daily	9am & 5pm
Everyday people are invited to cook their delicious home-style meals.		
Constable Care	Mon, Wed & Fri	9:30am & 4:30pm
Little does Zac know he is about to face one catastrophe after another today,		
will he know what to do and who to call? With the help of Constable Care,		
Zac will learn to keep a cool head in a crisis and make the right call to get the		
nelp he needs.		
Cover to Cover	Mon, Wed & Fri	8am, 2pm & 8pm
Revisit of episodes from 2015 of Cover to Cover, with host Meri Fatin as she		
alks to WA Authors about their latest books.		
Cover to Cover – PREMIERE EPISODE	Wed Jan 20 to	Wed & Sat 8pm,
Meet WA Authors as they discuss their latest books with host Meri Fatin.	Sun Jan 24	Thu 12:30pm, Fri
This month, meet Susan Midalia who will discussing her third collection of		4:30pm, Sun 2pm
short stories 'Feet to the Stars: and other stories'		' '
Through her focus on ordinary people and their lives, she exposes		
veaknesses and strengths, joys and griefs. Always compassionate, Midalia		
s nevertheless stringent in her critique, through her characters, of what is		
often their lack of empathy, questionable politics and sometimes appalling		
pretension.		
Citizen Advice Bureau	Sun & Thu	9: <mark>30am & 4:30pm</mark>
The Citizens Advice Bureau Lawyers will answer the most frequently asked		
questions on Wills, Enduring Powers of Attorney & Guardianship, Family		
aw, Probate and Letters of Administration.	2	
Destination WA	Sun & Thu	8am, 2pm & 7pm
Covering anything from travel, food, festivals, events, concerts, sporting		
events and a celebration of our unique WA way of life.	10/	40.00
Farming for the Future	Wed	10:30am & 4pm
n association with the UWA's "Future Farm 2050 Program" and the		
Community Resource Centres, Westlink presents, Farming for the Future.		
Owen Grieve interviews UWA research scientists on ways to prepare for		
arming in 2050 and how farmers can implement some of the ideas today.	Delle	40 9 7
Garden Gurus	Daily	10am & 7pm
Join the Gurus team as they give tips on feeding your plants to get best		
growth, introduce some new plant varieties and give tips on growing veggies,		
amazing gardens and stunning plants.	Man Wad Thu	200.000
Guru Explore Series	Mon, Wed, Thu,	3pm
Come on a journey and explore the globe. From the culinary to the cultural,	Fri & Sat	
relaxation to high adrenalin, this series promises to open your eyes, inspire		
your mind and show you the world like you've never seen it before.	Delle	4.00 0 5.00
nside Art	Daily	1:30pm & 5:30pm
Written and presented by Michel Lawrence who speaks with gallery directors,		
curators, administrators and the people who make art happen.	Man	40.00=== 0.4===
nternet Basics	Mon	10:30am & 4pm
This series will guide you through some of the concepts to help you get the		
most out of the internet.		10 0 1
nspiring Entrepreneurs Forum	Mon & Fri	12noon & 9pm
Three inspirational business women share the secrets to their success.		
lo Saunders – Marketing consultant specialising in social media and online marketing strategy. licole Cassey – Managing director & designer at Bubbaroo, safe sleeping bags for babies.		
Kia Dowell - Co-founding director of The Cultural Connection Code, specialising in growing strong		
onnections between corporate companies and Aboriginal groups.		





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Jurien Bay Artificial Reef Project	Tue & Sat	9:30am & 4:30pm
Come on a journey with the Jurien Bay CRC, Jurien Bay Men's Shed and the		
Jurien Bay residents as they share the story of how an artificial diving reef		
was created off the beach in Jurien Bay.		
Jurien Bay Contemporary Old Salts	Thu & Sun	9:30am & 4:30pm
Local art group Inspirational Community Art Network (ICAN) and the Jurien		'
CRC collaborate to create the Contemporary Old Salts project – an artist-in-		
residence project that focused on the dying art of making stickies – also		
known as beehive cray pots.		
Loving Life in the Country	Thu & Sun	11am & 6pm
An informative and inspirational program highlighting life in the country		
eaturing interviews from residents in Ravensthorpe, Hopetoun, Dalwallinu		
and Pingelly, this program will give viewers an insight into why so many		
people just love country life.		
MRG TV – Oz Innovation	Tue	12noon
Russel Goodrick discovers all the latest gadgets and gizmos that are Oz		
nnovations.		
MRG TV – Swan Valley	Tue	12:30pm
Russel Goodrick takes us on a tour of the spectacular Swan Valley.		
Ngala Conversations about Sleep	Sun & Wed	3pm
Being a parent can be seen as one of life's biggest challenges and no-one		
can underestimate the importance of a good night's sleep! Reports highlight		
the many different ways to get young children to sleep and it might be		
confusing for parents. This series will provide you with developmental		
information and helpful hints to help you and your child get better sleep.		
Our Town	Tue & Sat	8am, 2pm & 7pm
Uncovering all that is unique in Western Australian country towns.		
Regional Business Resilience	Tue & Sat	11am & 6pm
The CCI, in partnership with DRD, presents 'Regional Business Resilience'.		
Panellists will share practical tips business can utilise in preparing for, and		
recovering from, a natural disaster or emergency.	14 14 10 E :	0.45
Rules Are Cool	Mon, Wed & Fri	9:45am & 4:45pm
Will Larfalot from The Constitutional Centre of Western Australia along with		
his friends from the town of Parkesville come up with a set of rules – a		
constitution for their town.	0-1	4
Sight See TV	Sat	4pm
Sightsee TV is a travel show uncovering the stories behind country towns all		
over Australia, looking at their history, & showcasing their beauty. Sweet & Sour	Doily	0.2000
	Daily	8:30pm
Community orientated adult panel talk show. Rated M.	Mod 9 Cot	12noon 8 0nm
Tidy Towns 2015 Awards	Wed & Sat	12noon & 9pm
Tidy Towns awards have a key role in encouraging and promoting activities		
that help boost regional areas and making them attractive places to live in.	Deiby	0.200 - 2.200 - 2
Top of Down Under	Daily	8:30am, 2.30pm &
Join host Penny Wells on an outdoor adventure and follow her through the		7:30pm
ancient coastlines & remote mountain ranges that Australia has to offer.	Thu 9 Cun	12naan 9 0nm
UWA Music 90 Min Special	Thu & Sun	12noon & 9pm
A compilation of the UWA School of Music performances.	Т 0 Г.:	40.00 0 4
UWA Music Program	Tue & Fri	10:30am & 4pm
In their Lunchtime Concert Series, the UWA School of Music presents a		
performance showcasing their students' talents.		

